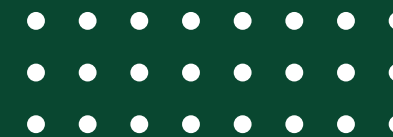




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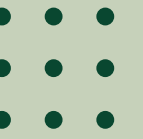


# SEEING THE UNSEEN

Report Summary  
July 2025



# SURVEY OF ONLINE SAFETY OR HARASSMENT IN THE ONLINE SPACE



## The situation in the Czech Republic

### Expand Regional Insight

Deepen the understanding of online sexual violence targeting children across the Visegrad Four (Poland, Czechia, Slovakia, and Hungary).

### Drive Evidence-Based Advocacy

Generate actionable data to strengthen survivor support services and streamline reporting mechanisms.

### Empower Survivor Voices

Establish trauma-informed, participatory research models that center the lived experiences of children and survivors in policy-making.

### Promote Data Transparency

Increase public awareness and "democratize" findings through targeted communication campaigns and open publications.





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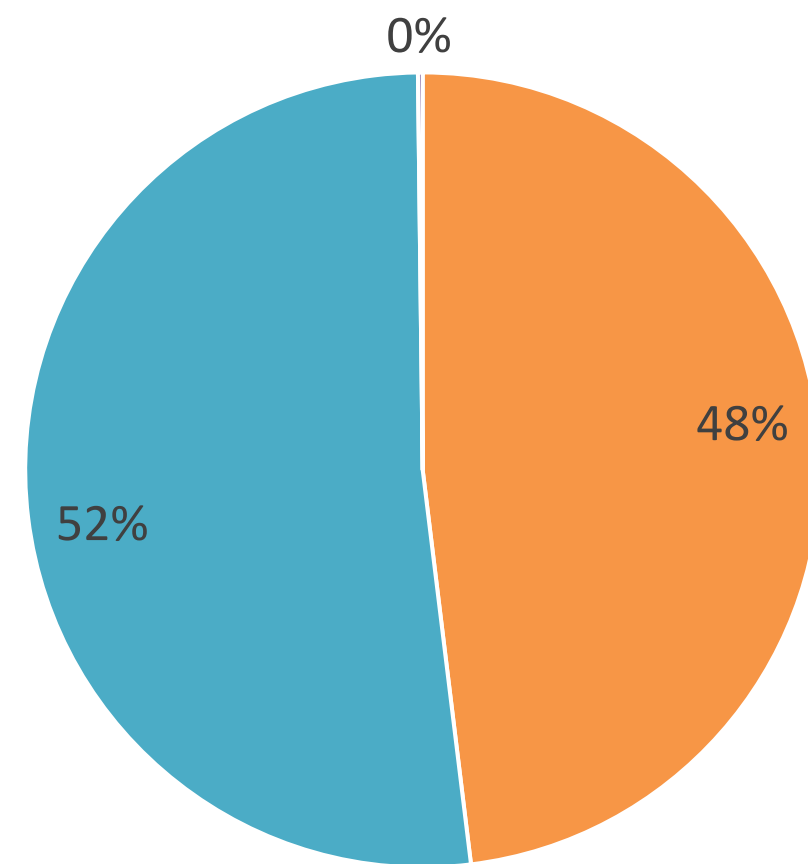
# DEMOGRAPHICS

Results

# DEMOGRAPHICS I.

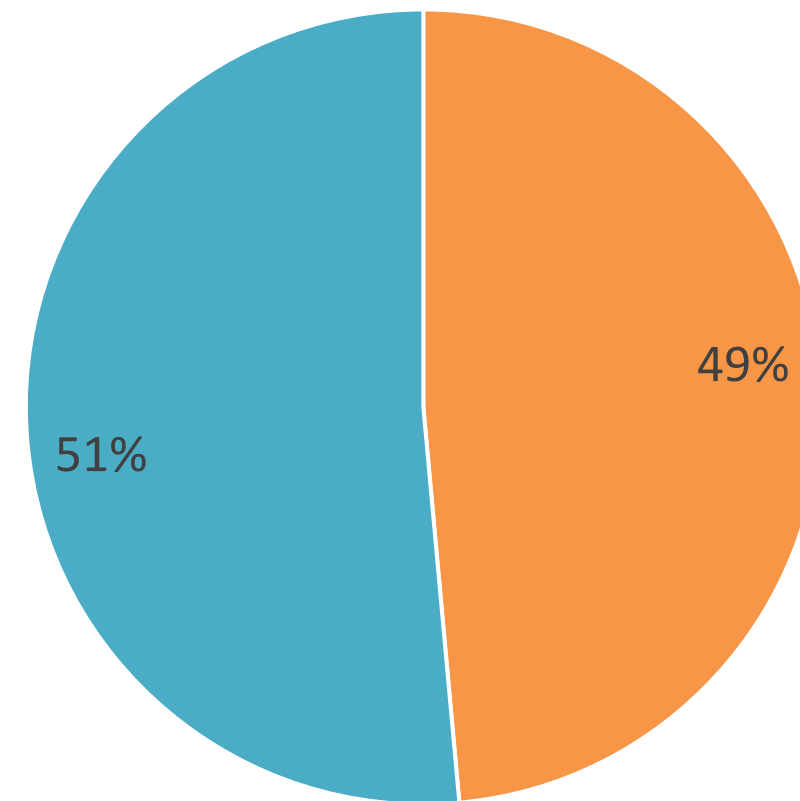
1003 RESPONDANTS

Gender



Female Male Other/No Answer

Age

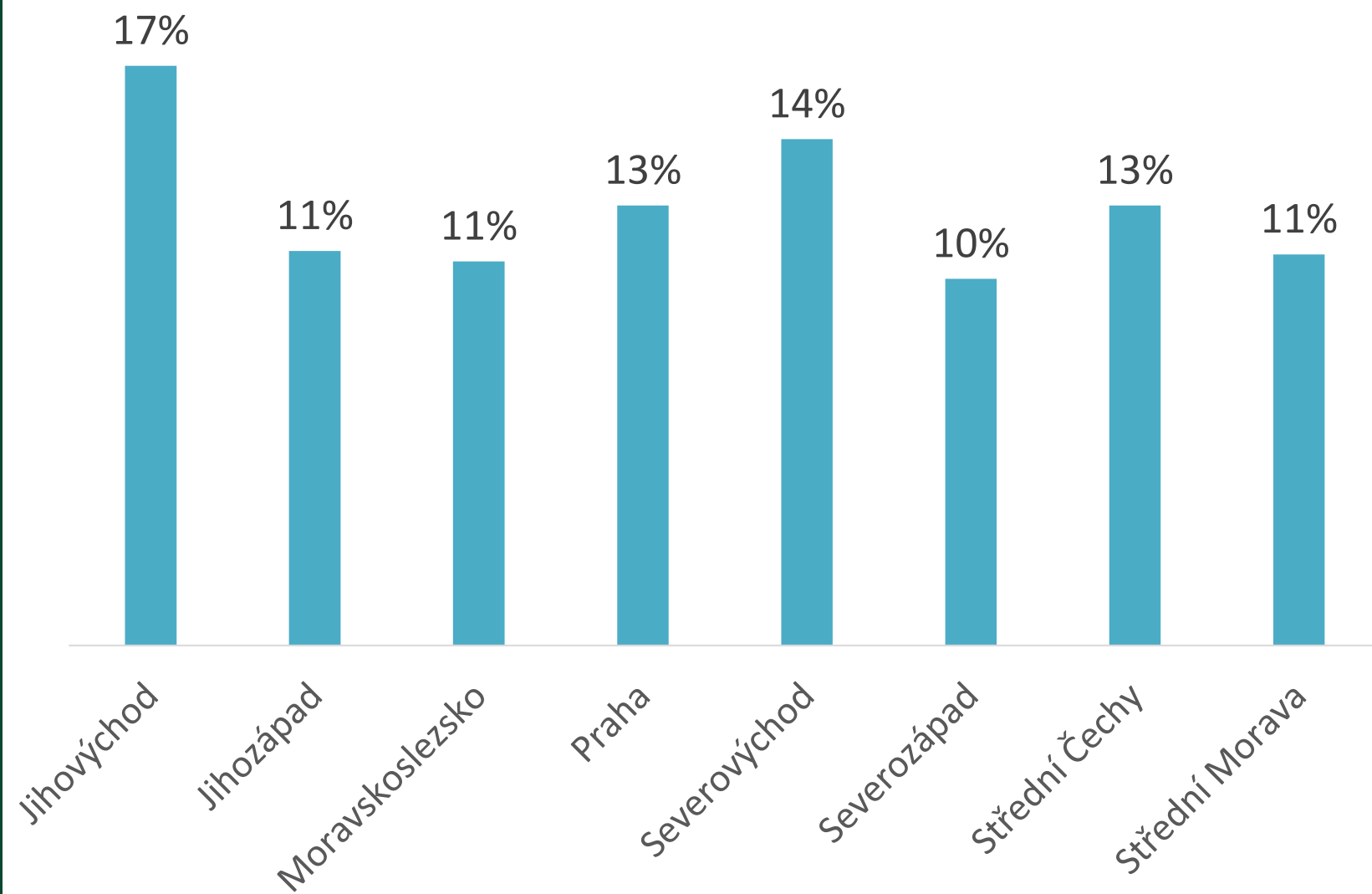


18-21 22-25

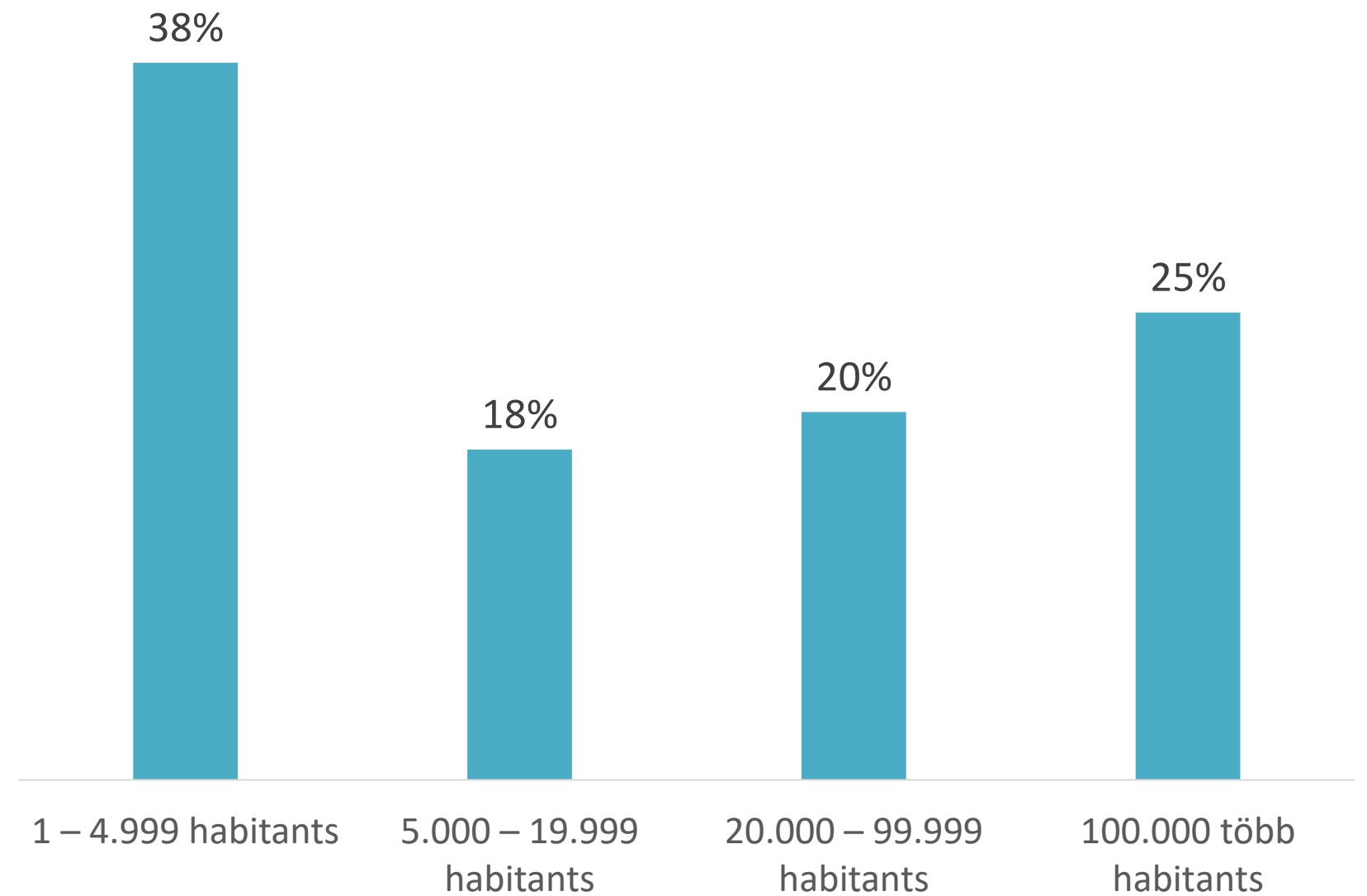
# DEMOGRAPHICS II.

1003 RESPONDANTS

Region



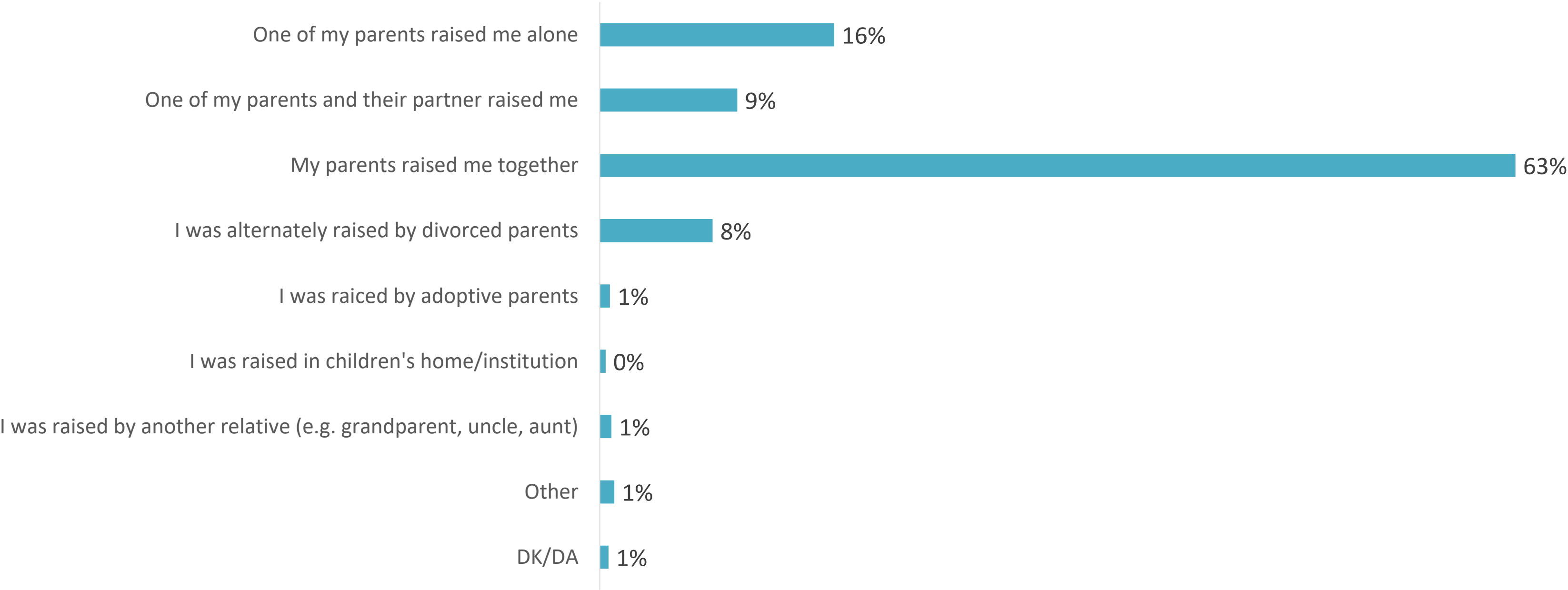
Size of municipality



# DEMOGRAPHICS III.

1003 RESPONDANTS

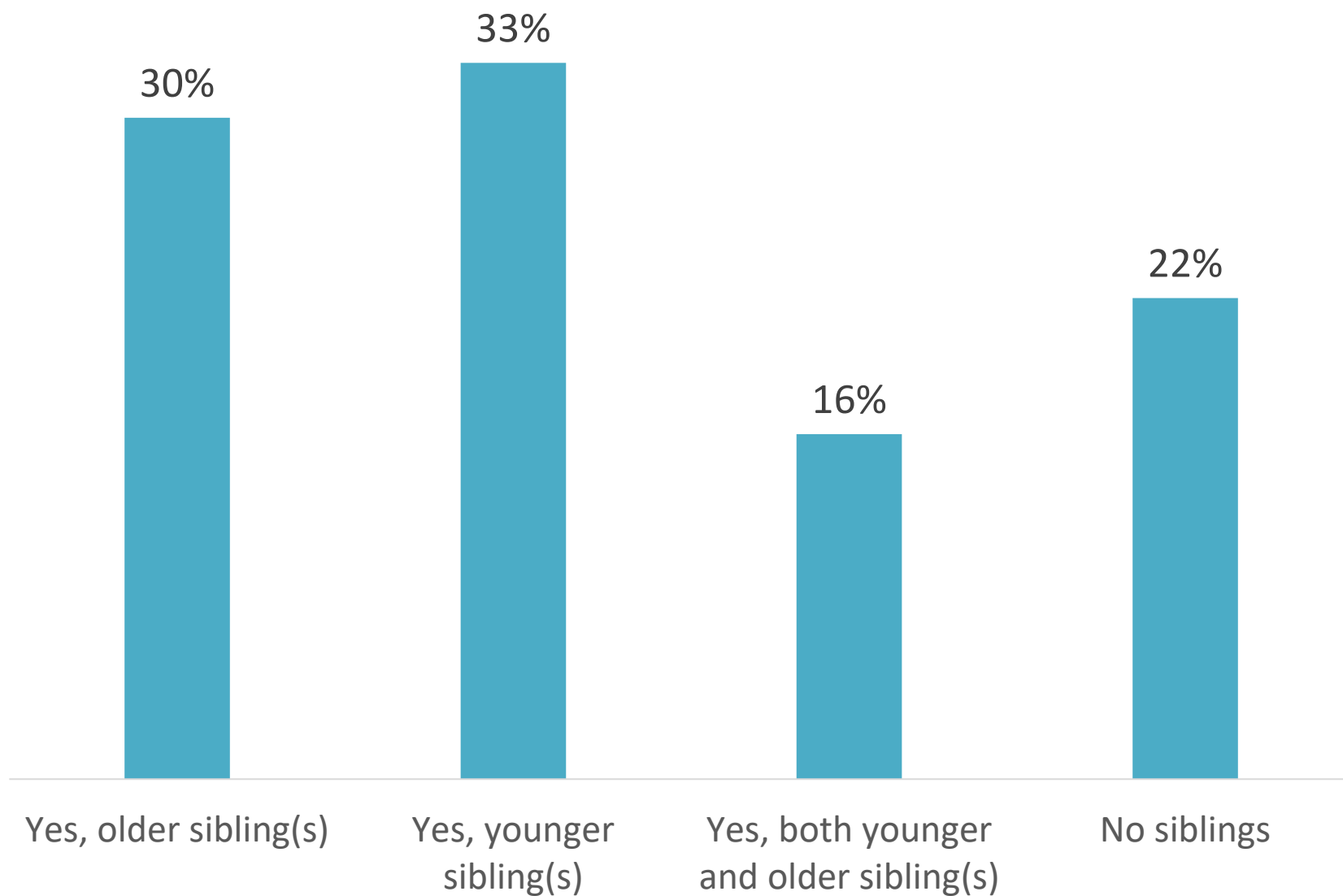
Family Structure



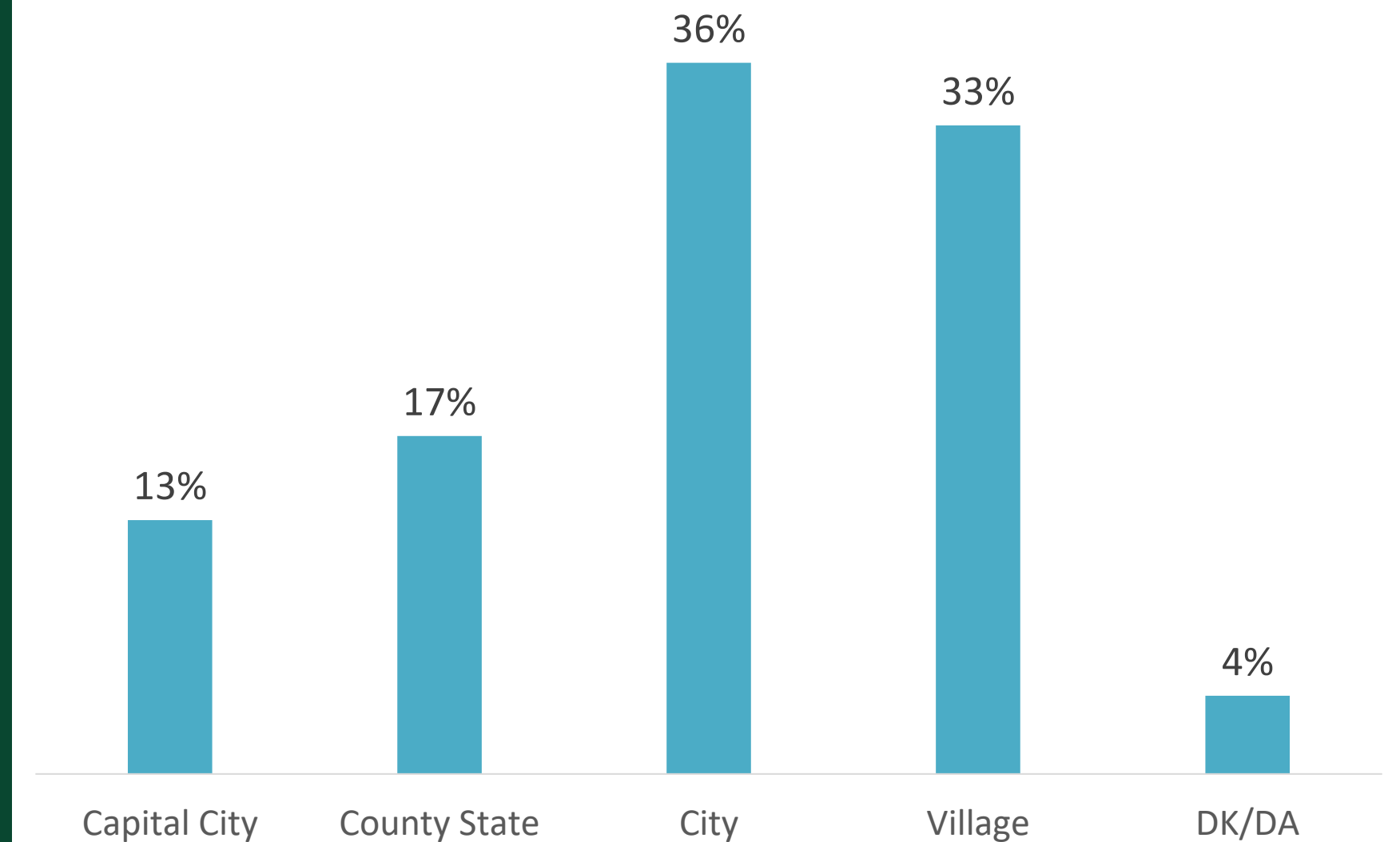
# DEMOGRAPHICS IV.

1003 RESPONDANTS

Do you have siblings?

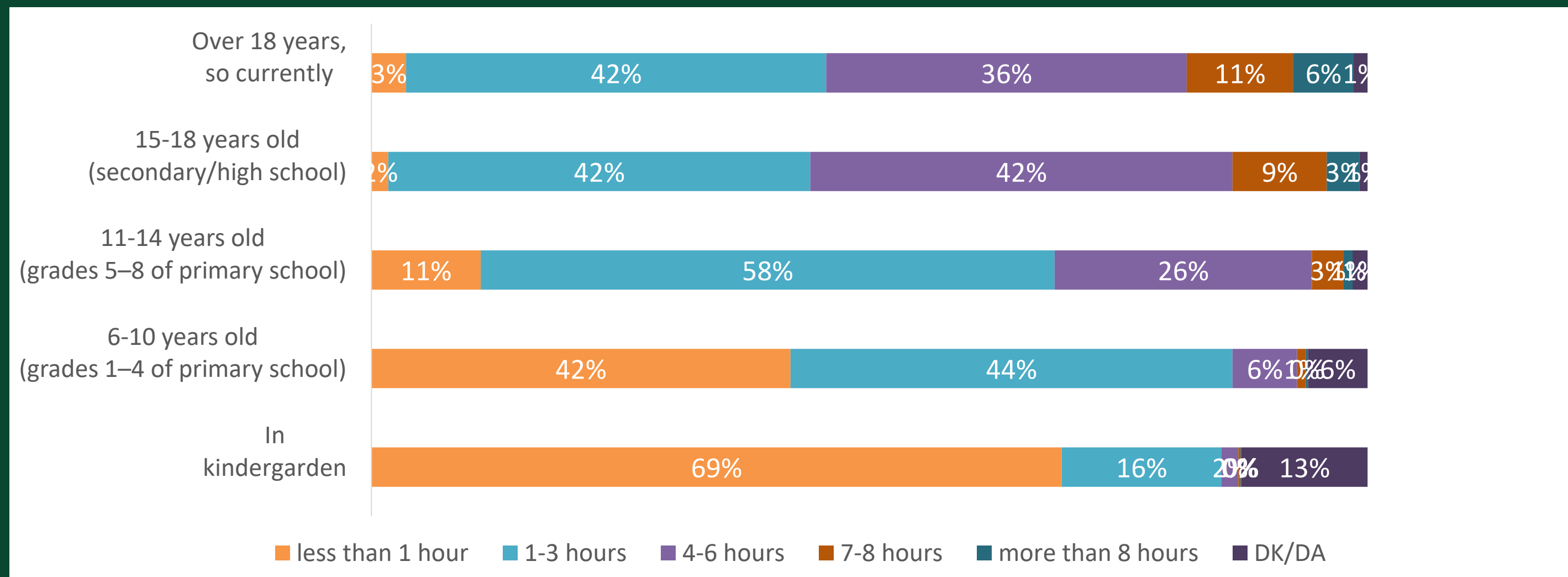


Type of Settlement



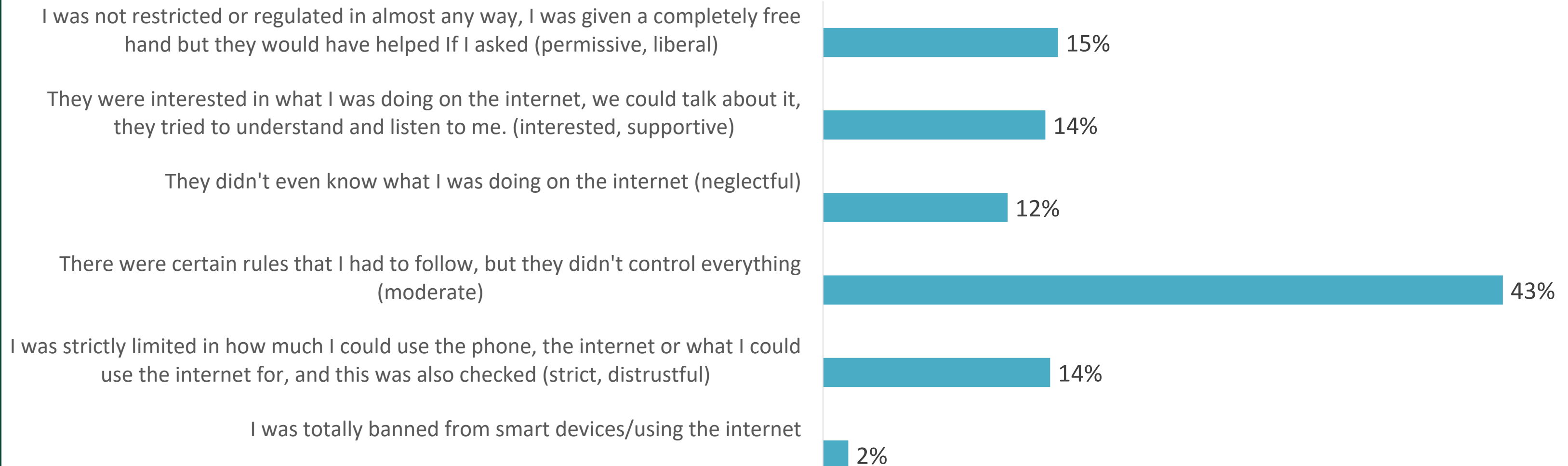
# 1. AVERAGE DAILY SCREEN TIME DURING CHILDHOOD (EXCLUDING TV)

7. If you think back over the different periods of your childhood, on an average day, roughly how much was your 'screen time' – i.e., how much time did you spend using a phone, tablet or computer per day? Don't include watching television in your screen time but do include watching video sharing and streaming services (YouTube, Twitch, etc.).



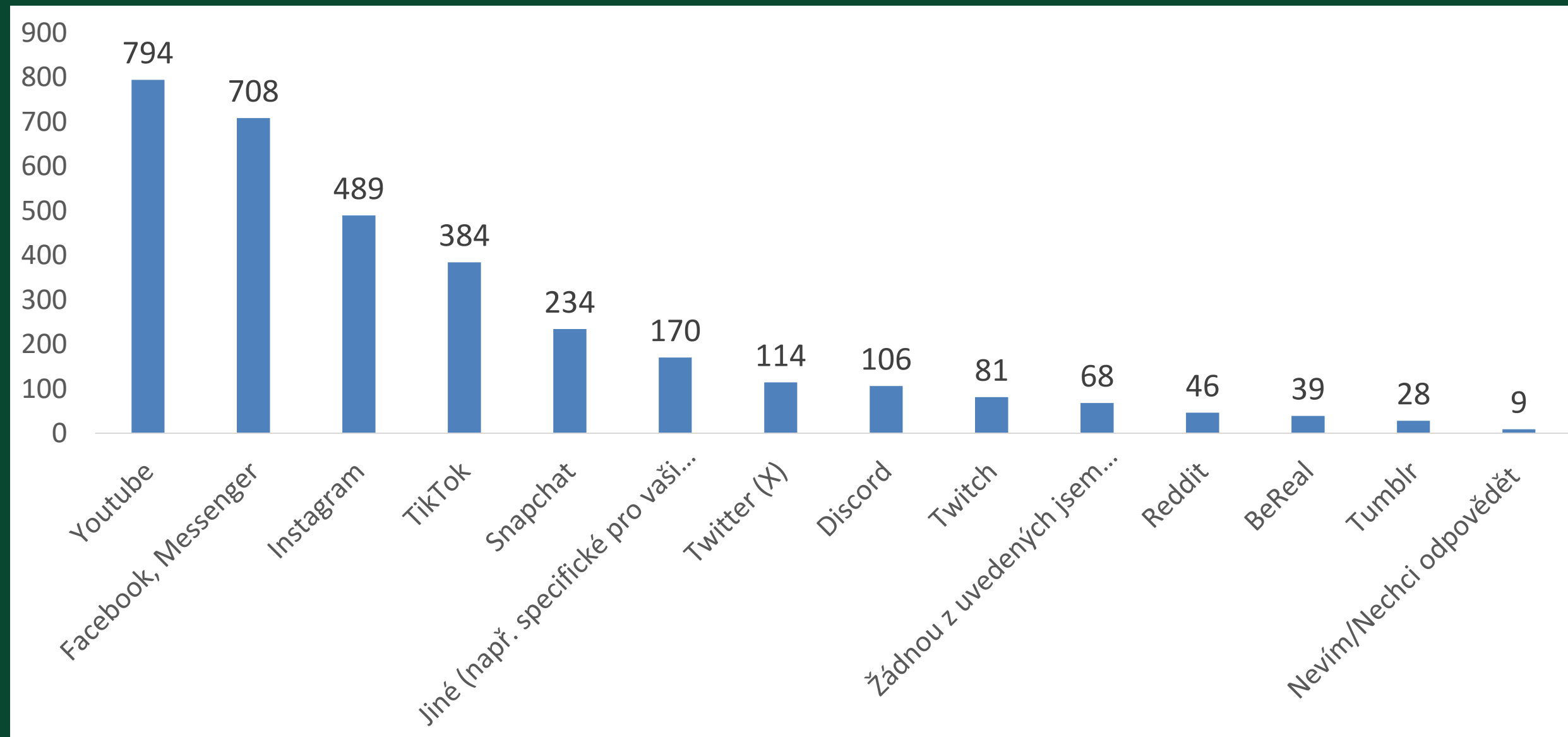
## 2. PARENT'S ATTITUDE TOWARDS THEIR CHILD'S USE OF DEVICES

8. The question below asks how your parents/carers felt about your use of devices and the internet as a child. I am going to read out a few sentences that represent a parent's attitude towards their child's use of devices. Please choose the one that best describes how your parents/carers approached this issue when you were a child!



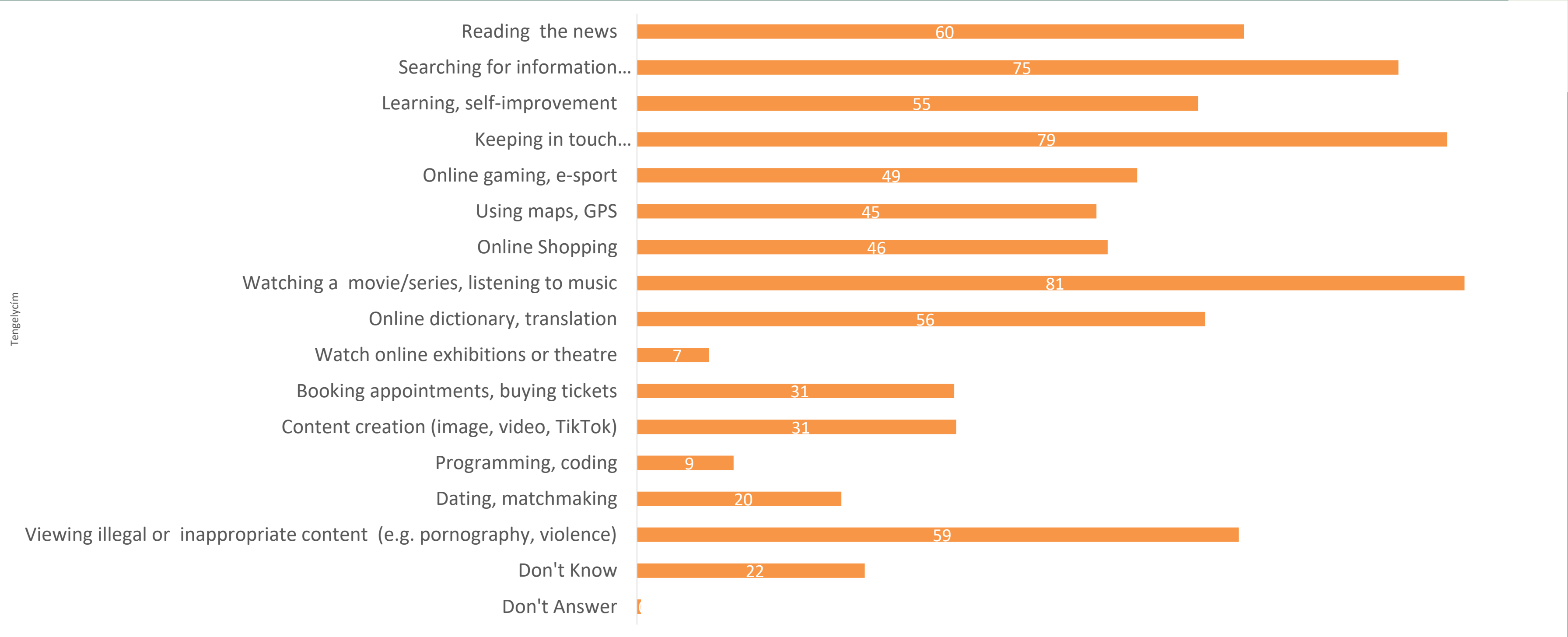
# 3. SOCIAL MEDIA PLATFORMS REGULARLY USED IN CHILDHOOD

9. Looking back to your childhood, which of the following social media platforms did you use regularly? Please tick all that you used regularly.



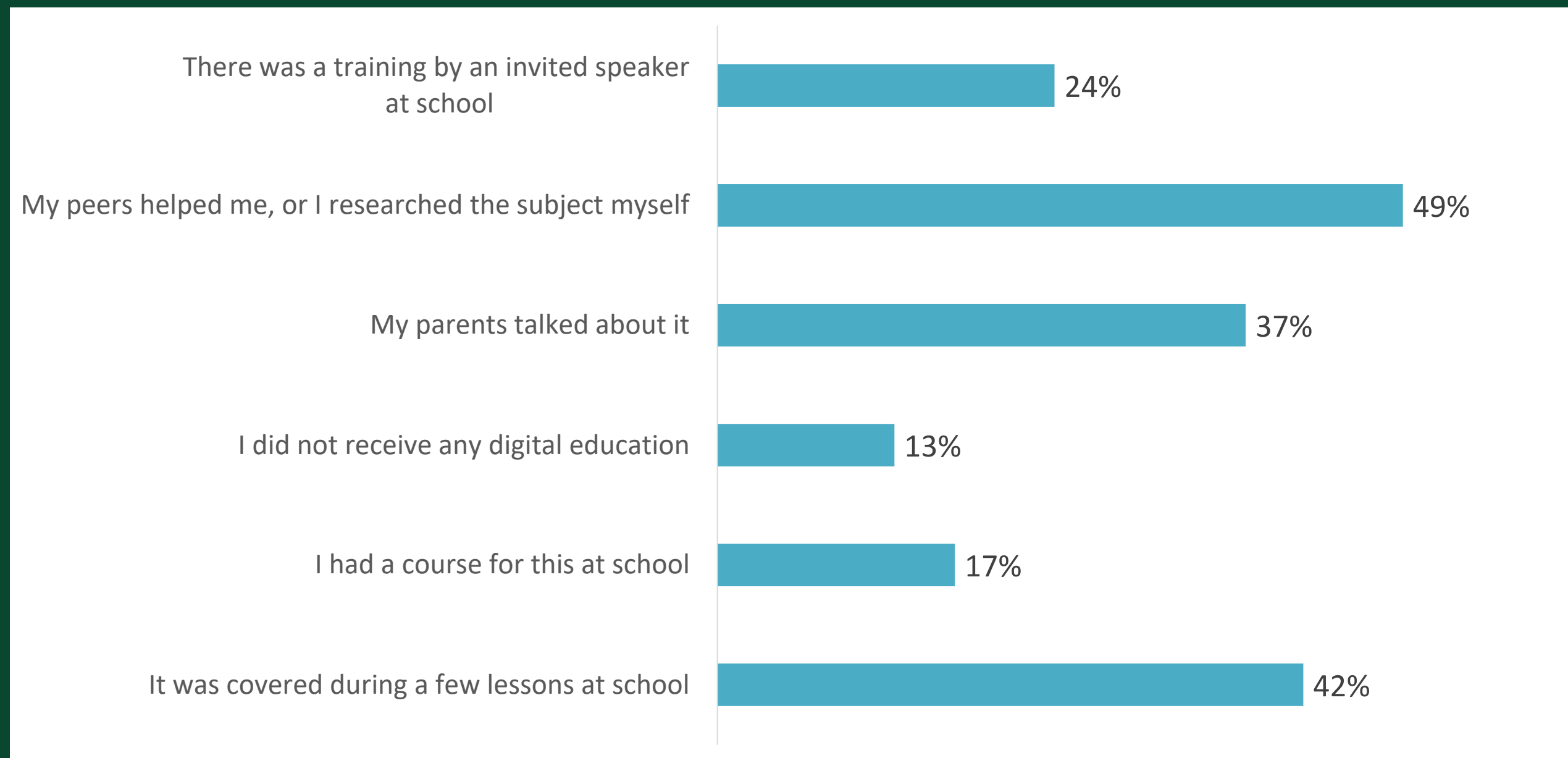
# 4. INTERNET USE BETWEEN AGES 14-18

10. Now let's focus on the period when you were 14-18 years old. Which of the following activities did you use the internet for? Please tick everything you used the internet for during this period.



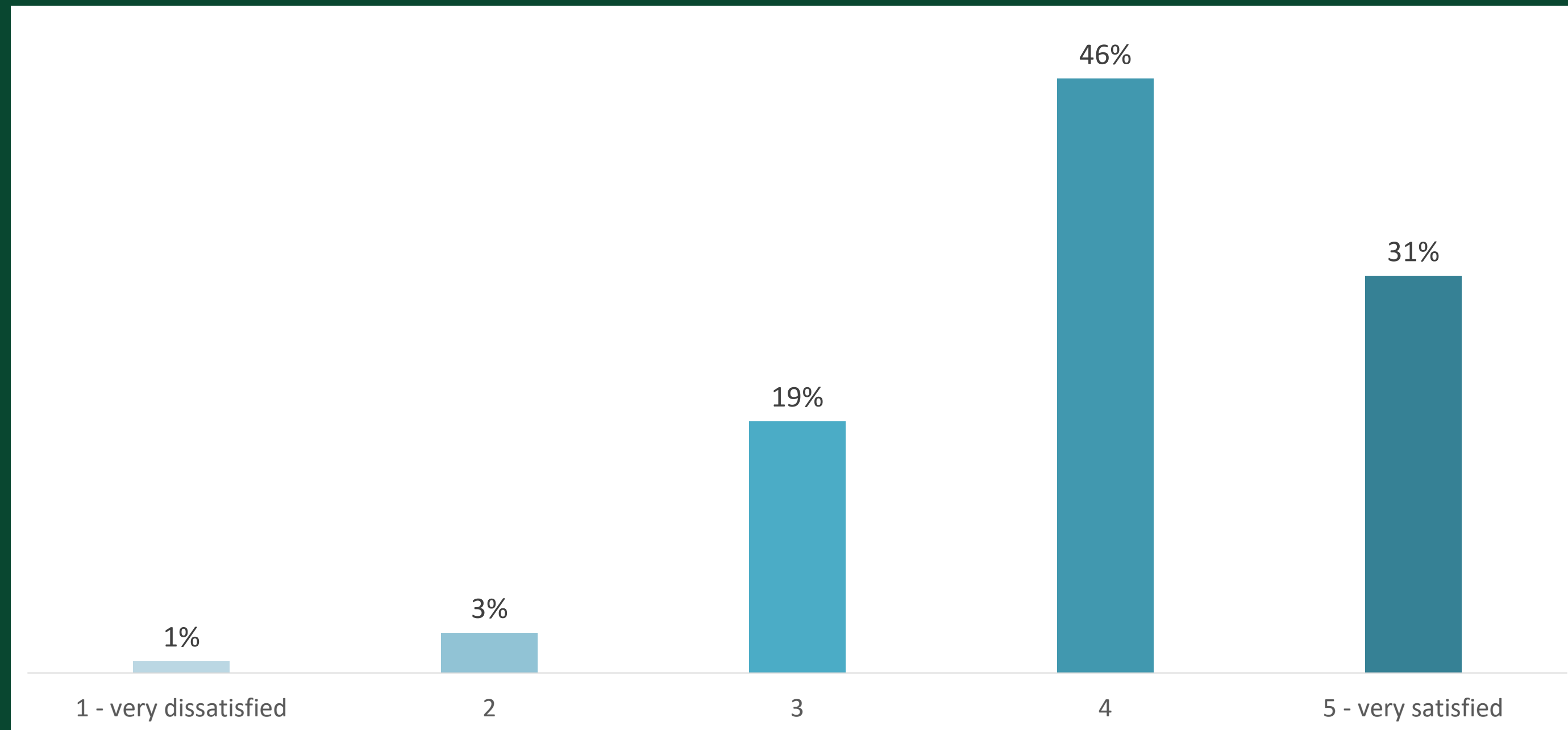
# 5. PREVIOUS TRAINING ON DIGITAL LIFE AND MEDIA USE

11. Have you previously received any training on how to navigate life in the digital world, on the internet, on media platforms? You can tick more than one answer!



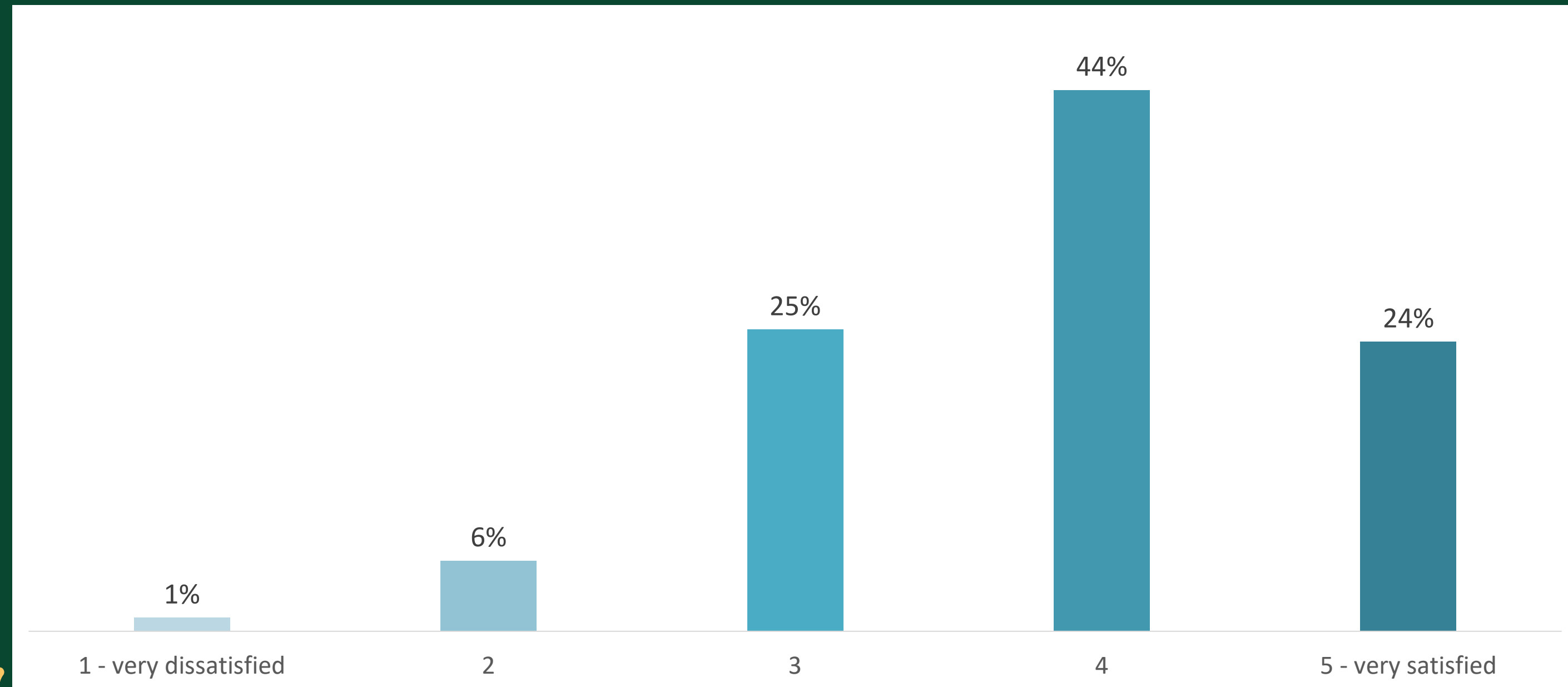
# 6. OVERALL LIFE SATISFACTION

12. How satisfied are you with your life in general?  
Please indicate on a scale of 1 to 5, where 1 is very dissatisfied and 5 is very satisfied.



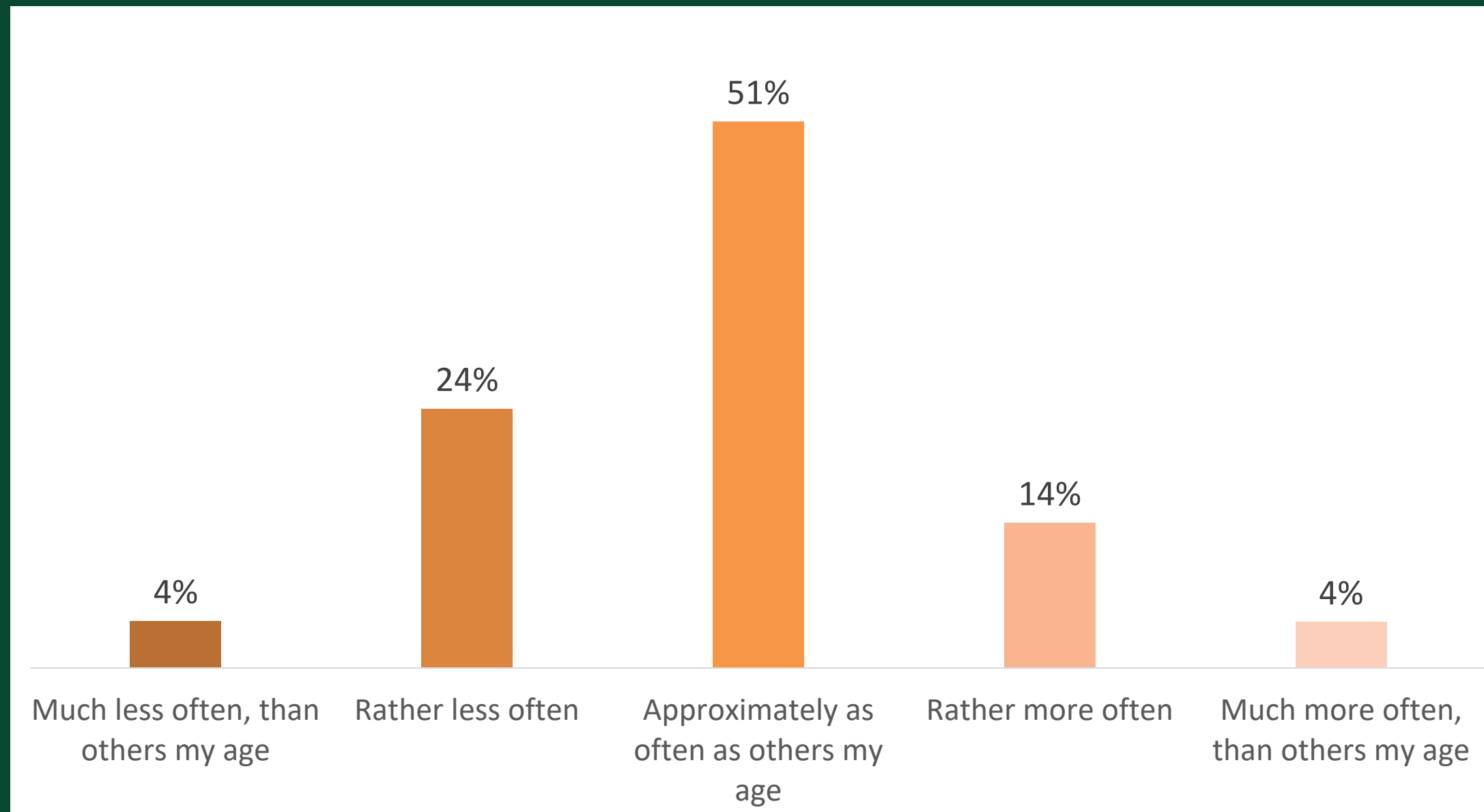
# 6A. SELF-SATISFACTION

13. How satisfied are you with yourself? Please indicate on a scale of 1 to 5, where 1 means very dissatisfied with yourself and 5 means very satisfied.

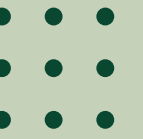


# 7. FREQUENCY OF SOCIALISING AND COMMUNITY PARTICIPATION

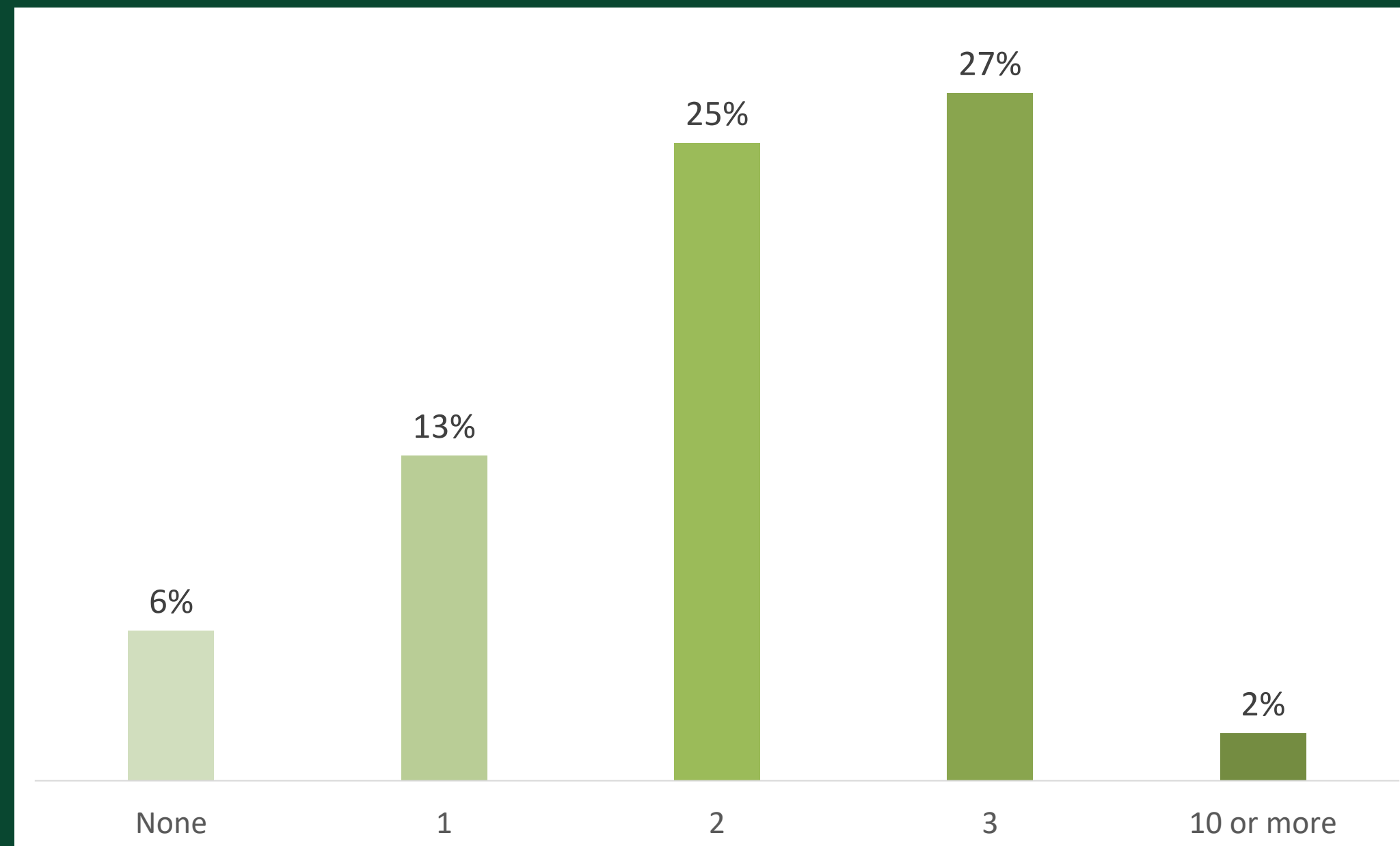
14. How often do you socialise or participate in community activities compared to your others your age?



# 8. NUMBER OF TRUSTED INDIVIDUALS FOR CONFIDENTIAL AND INTIMATE CONVERSATIONS



15. How many people in your life can you discuss confidential and intimate matters with?





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Unlimited



# II. ABUSE: AWARENESS

Results



# 10. PERCEIVED ACCEPTABILITY OF POTENTIALLY HARMFUL BEHAVIOURS (ONLINE AND OFFLINE)

17. The following is a list of different types of behaviour that can occur in a face-to-face environment or in the online space. One might interpret these as crossing a line, though the severity of these acts might vary. On a scale of 1 to 7, please indicate whether you think the behaviour is "acceptable" or not. 1 indicates that the behaviour is not at all acceptable, and 7 indicates that it is completely acceptable.  
(weighted average)



# III. HELP SYSTEMS AND TRUST

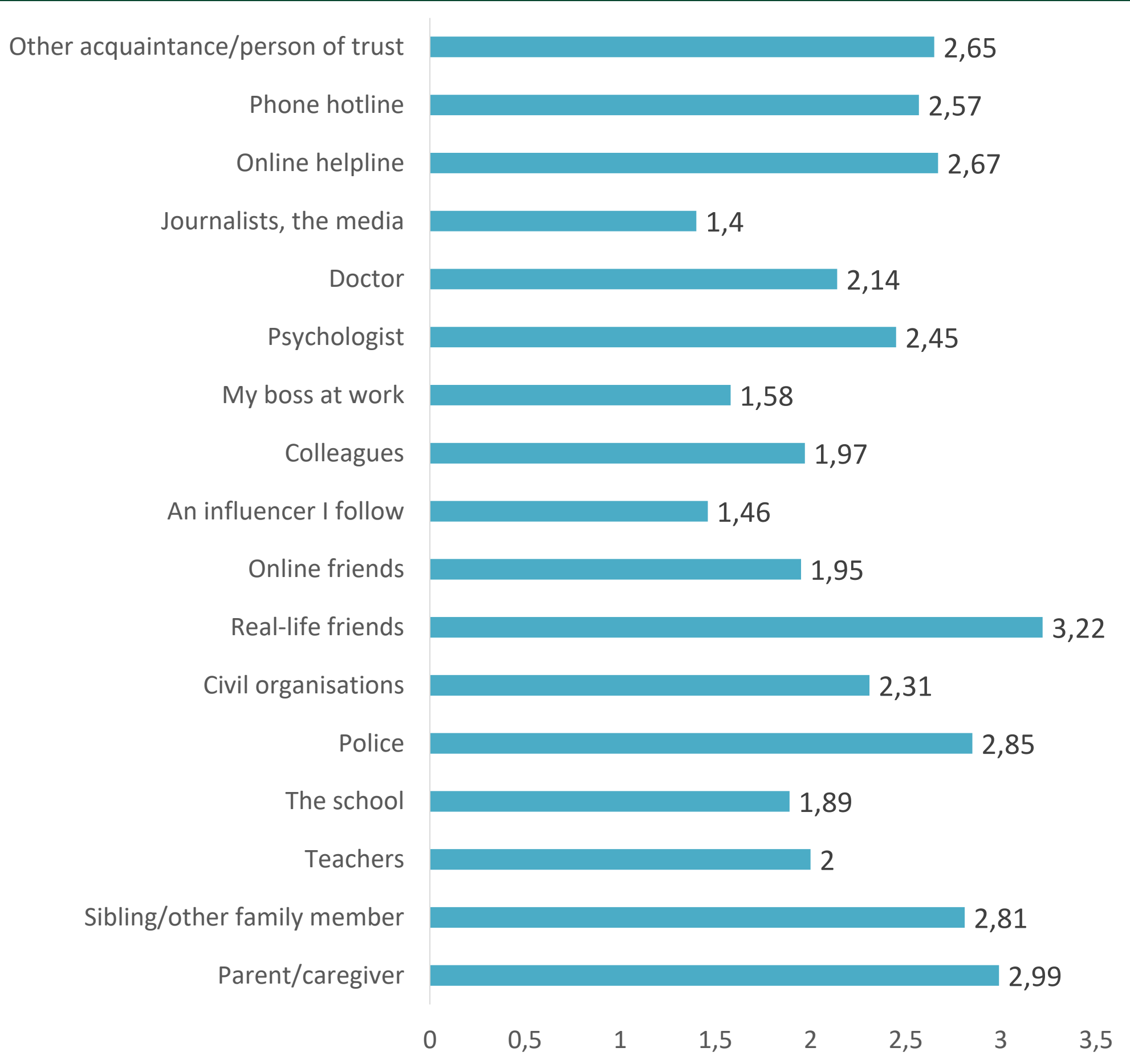
Results



# 11. LIKELIHOOD OF SEEKING HELP FROM VARIOUS SOURCES IN CASES OF ONLINE ABUSE

19. How likely do you think it is that you would turn to the following actors for help if you were being abused online or wanted to help someone who was being abused online? (on a scale 1-4)

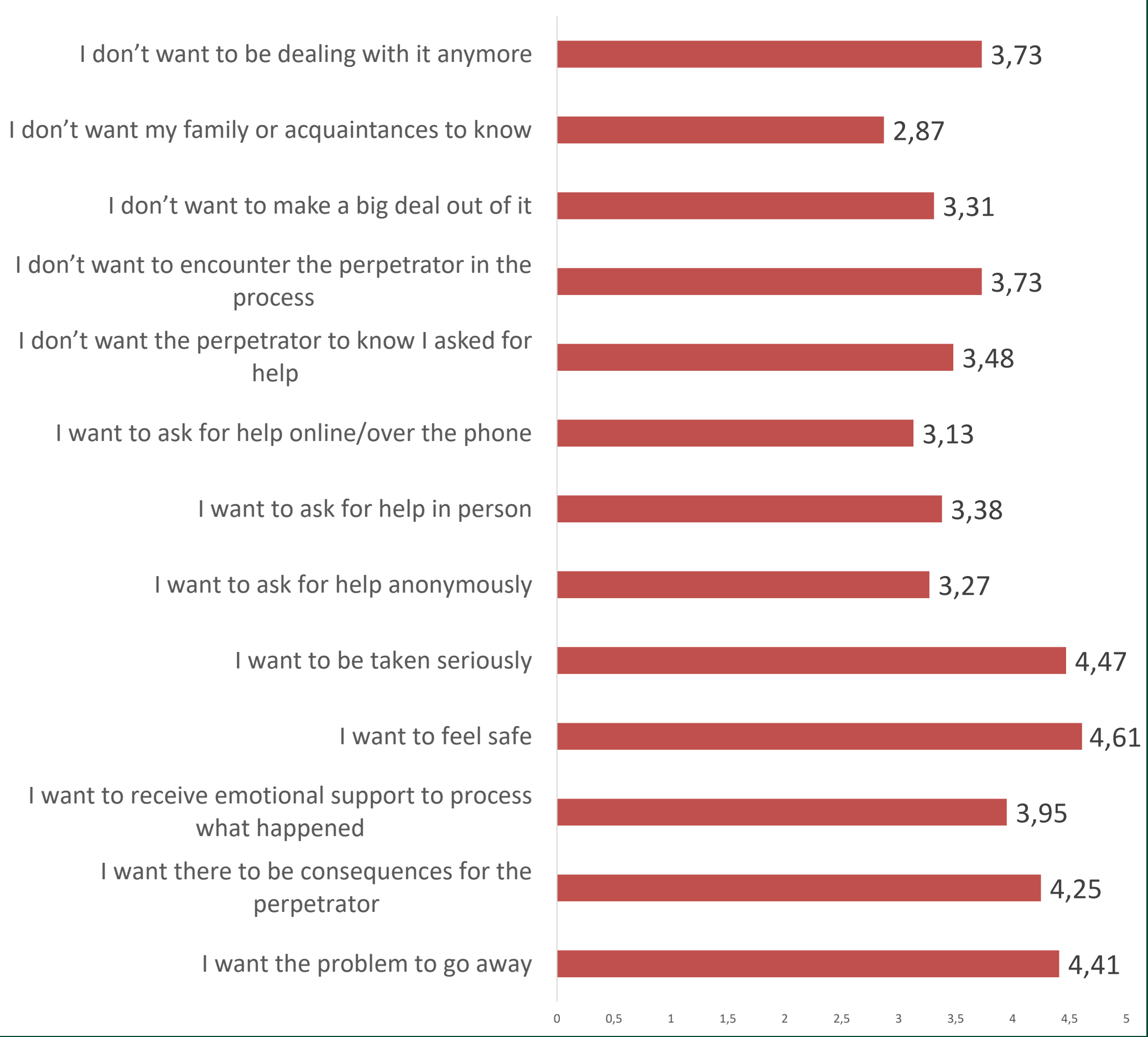
(weighted average)



# 12. EXPECTATIONS OF SUPPORT WHEN SEEKING HELP FOR ONLINE BULLYING

20. If you were being bullied online and you asked for help, what kind of help would you expect from your helper? Please mark from 1 to 5 the following expectations based on which are the most and least important aspects for you. Expectations marked with a 1 are the least important to you while those marked with a 5 are your most important expectations.

(weighted avarage)





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# IV. ABUSE: EXPOSURE

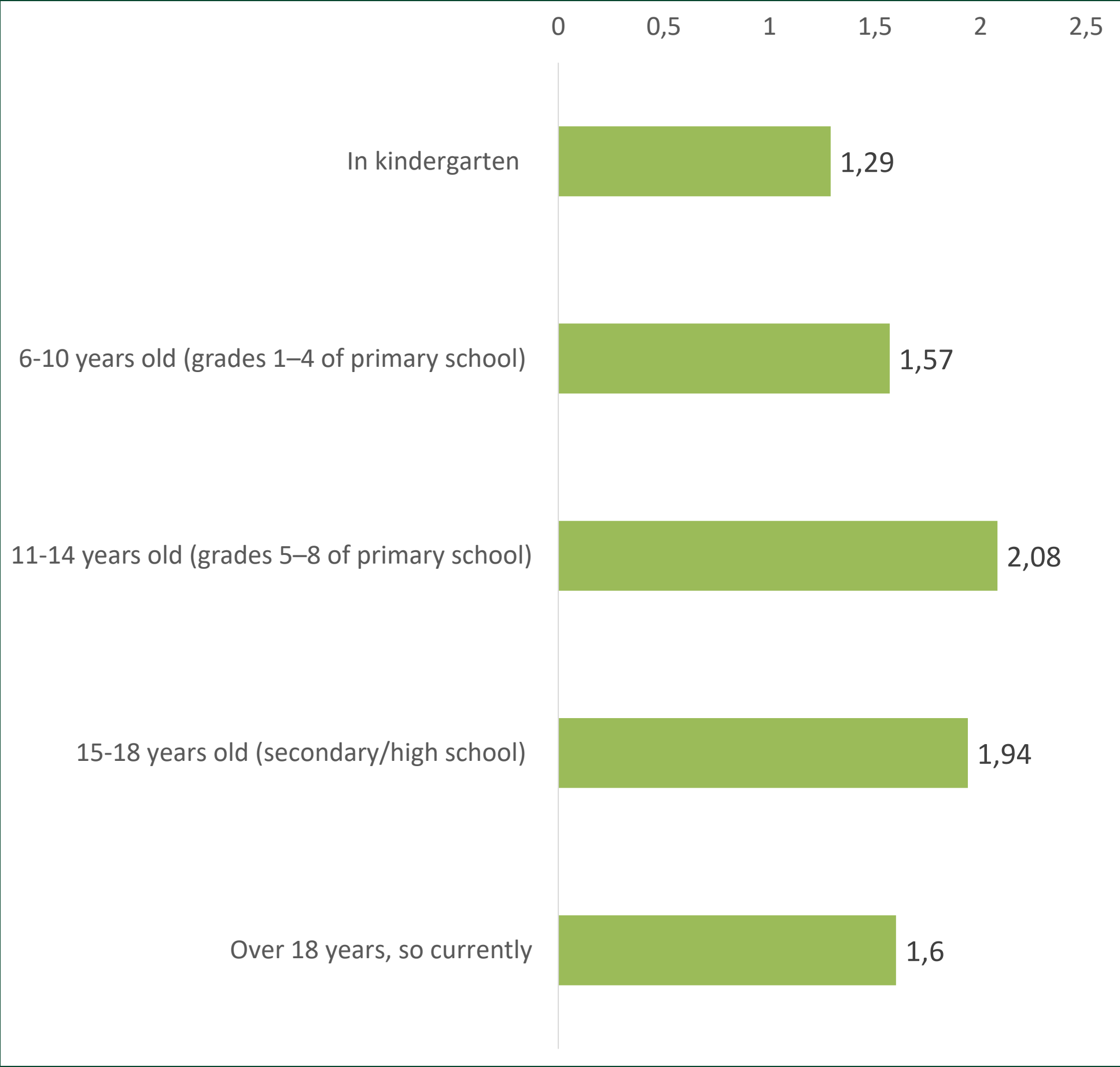
Results



# 13. PERCEIVED EXPOSURE TO ONLINE BULLYING AT DIFFERENT CHILDHOOD STAGES

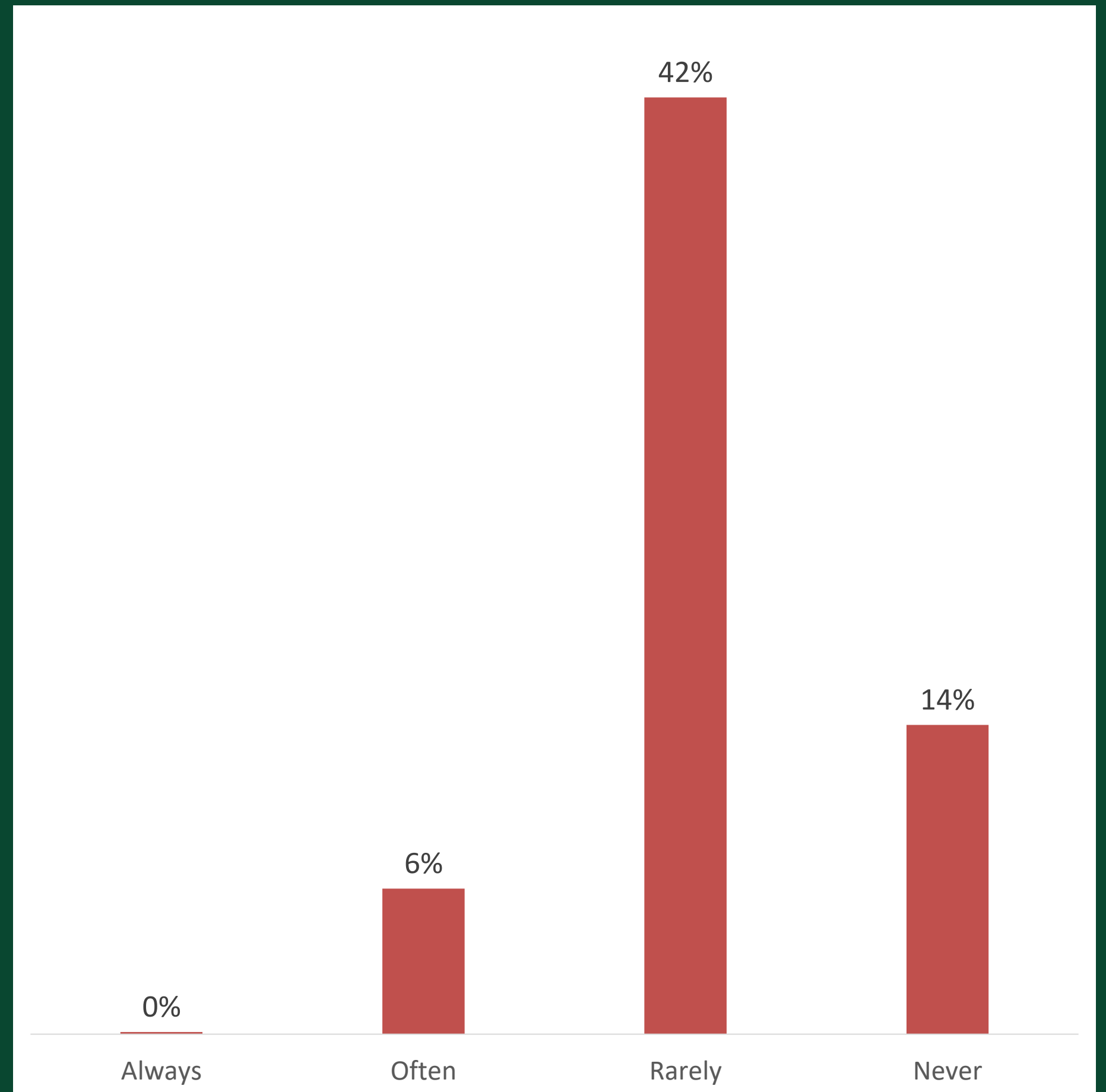
21. In your personal opinion, how much online abuse were you exposed to during certain periods of your childhood? Please indicate on a scale of 1 to 7, where 1 means you were not exposed to any online bullying at all during that age and 7 means you were exposed to a high level of online bullying.

(weighted average)



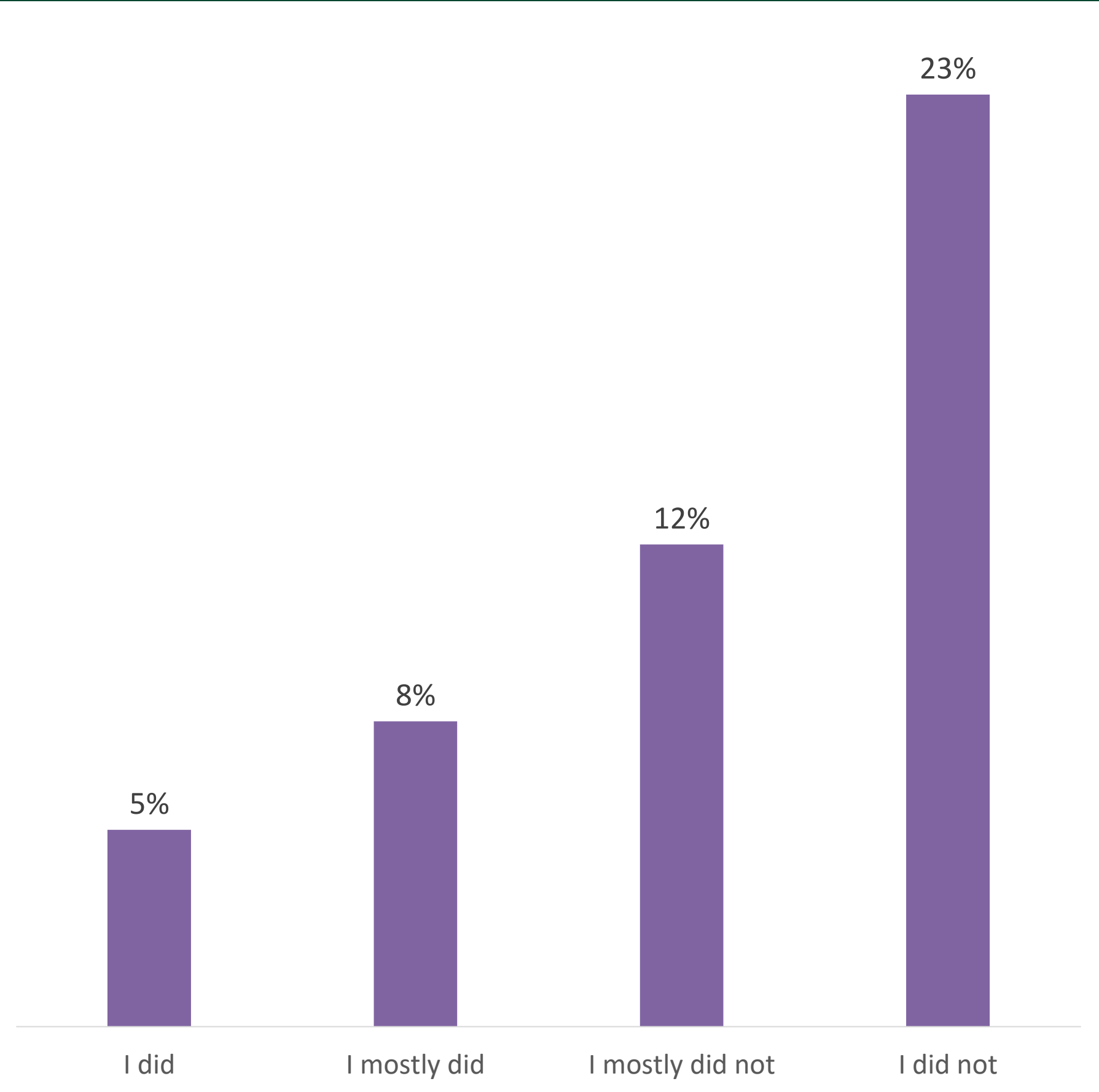
# 14. FREQUENCY OF ONLINE ABUSE EXPOSURE DURING CHILDHOOD

23. (If exposed to any form of abuse) How often were you exposed to online abuse as a child, including all forms of abuse mentioned above?



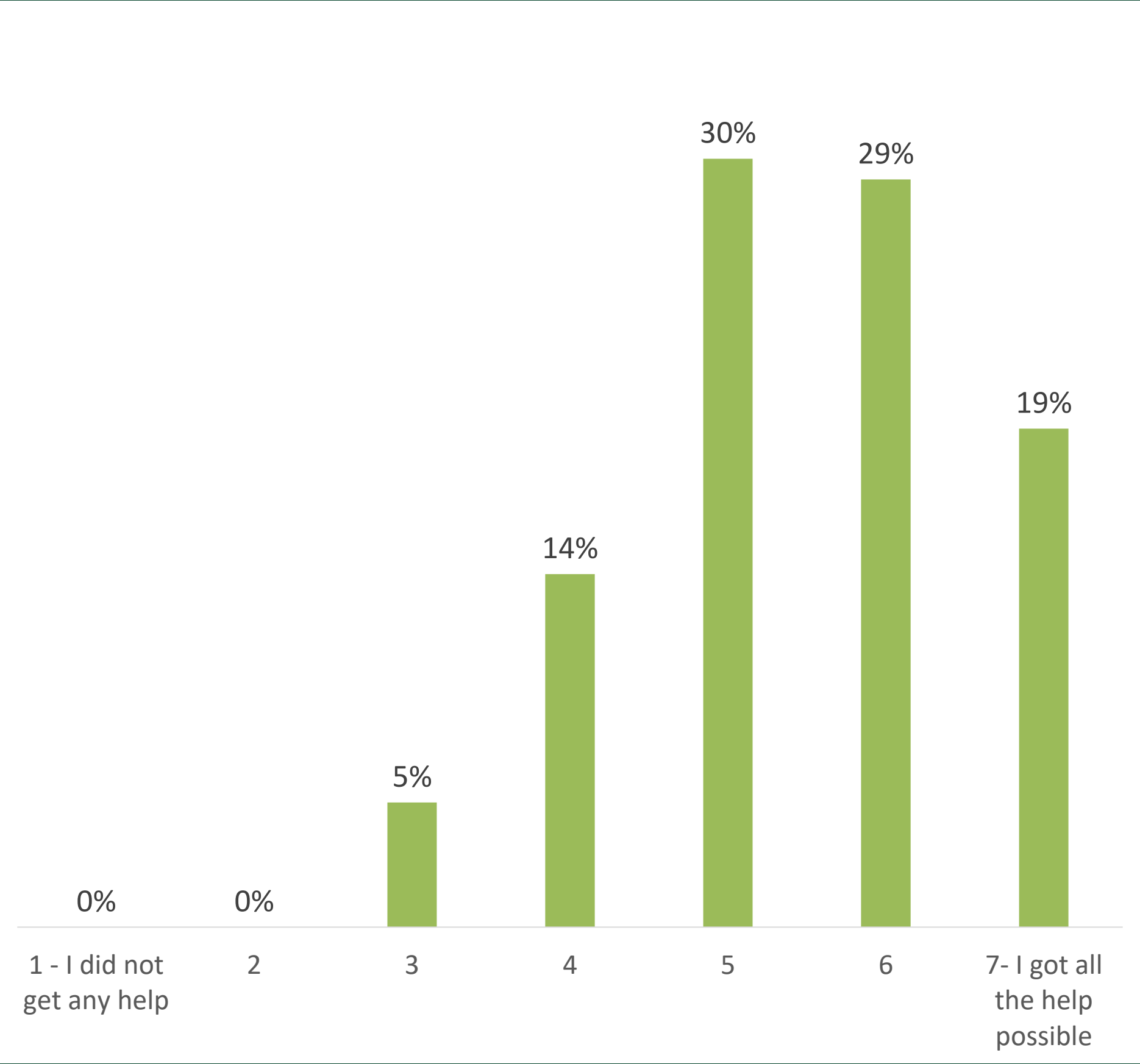
# 15. HELP-SEEKING BEHAVIOR FOLLOWING ONLINE ABUSE IN CHILDHOOD

24. (If subjected to any abuse) Did you seek help from anyone if you were subjected to abuse?



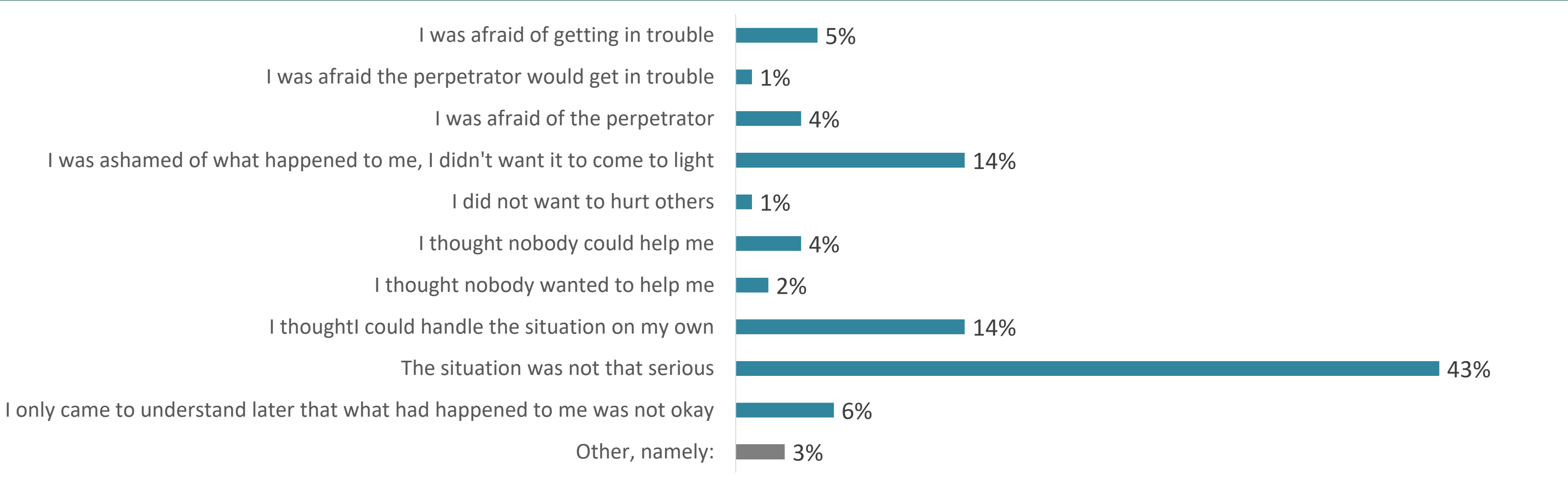
# 16. PERCEIVED EFFECTIVENESS OF SUPPORT RECEIVED AFTER ONLINE ABUSE

25. (If they asked for help) Overall, how much help do you feel you received if you were a victim of online abuse?  
Please mark on a scale of 1 to 7, where 1 means you did not get any help and 7 means you got all the help you could.



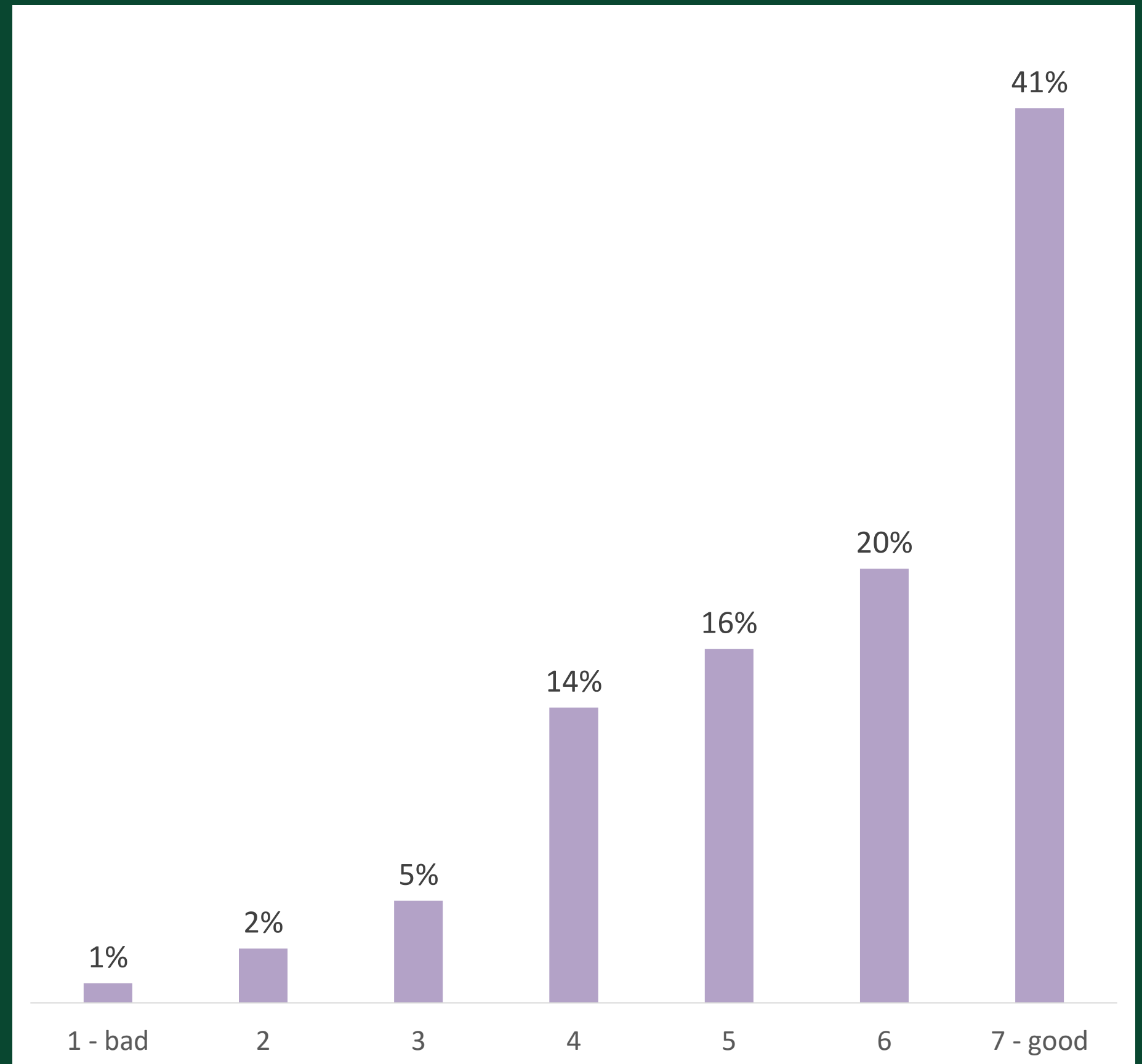
# 17. KEY REASONS FOR NOT SEEKING HELP AFTER EXPERIENCING ONLINE ABUSE

26. (If they did not ask for help) What was the most important reason you did not ask for help? Please select the three main reasons, indicated in order of importance (first, second, third)



# 18. EMOTIONAL RESPONSE AFTER COMPLETING THE QUESTIONNAIRE

28. How are you feeling after completing our questionnaire?





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# V. SUMMARY & MAIN FINDINGS

Results

# POSITIVE FINDINGS



**STRONG FAMILY BACKGROUND:  
PARENTS ARE THE PRIMARY  
SOURCE OF SUPPORT.**

**AWARENESS OF THE SAFETY LINE:  
MOST RESPONDENTS ARE FAMILIAR  
WITH IT.**

**RELATIVELY GOOD MENTAL  
HEALTH: MOST RATE THEIR HEALTH  
AS GOOD.**

**WILLINGNESS TO SOLVE: YOUNG  
PEOPLE ARE WILLING TO SEEK HELP  
FROM LOVED ONES.**



# PROBLEM AREAS



**LOW TRUST IN TEACHERS AND SCHOOL PSYCHOLOGISTS: SIGNIFICANT DEFICIT RESULTING FROM THE SURVEY.**

**DOWNPLAYING THE PROBLEMS: "IT DIDN'T SEEM SERIOUS TO ME" AS THE MAIN BARRIER.**

**DELAYED AWARENESS: MANY PEOPLE DON'T REALIZE THE PROBLEM UNTIL LATER.**

**SHAME AND SHYNESS: A SIGNIFICANT BARRIER TO SEEKING HELP.**

**UNDERUTILIZATION OF PROFESSIONAL SERVICES: PREFERENCE FOR INFORMAL RESOURCES.**



# Internet use in childhood and internet activities



## Timeouts:

- Dominant formula: "Less than an hour" or "1-4 hours" per day
- Weekend use: Often higher than on weekdays
- Parental control: The category "There were certain rules that I had to follow" prevails

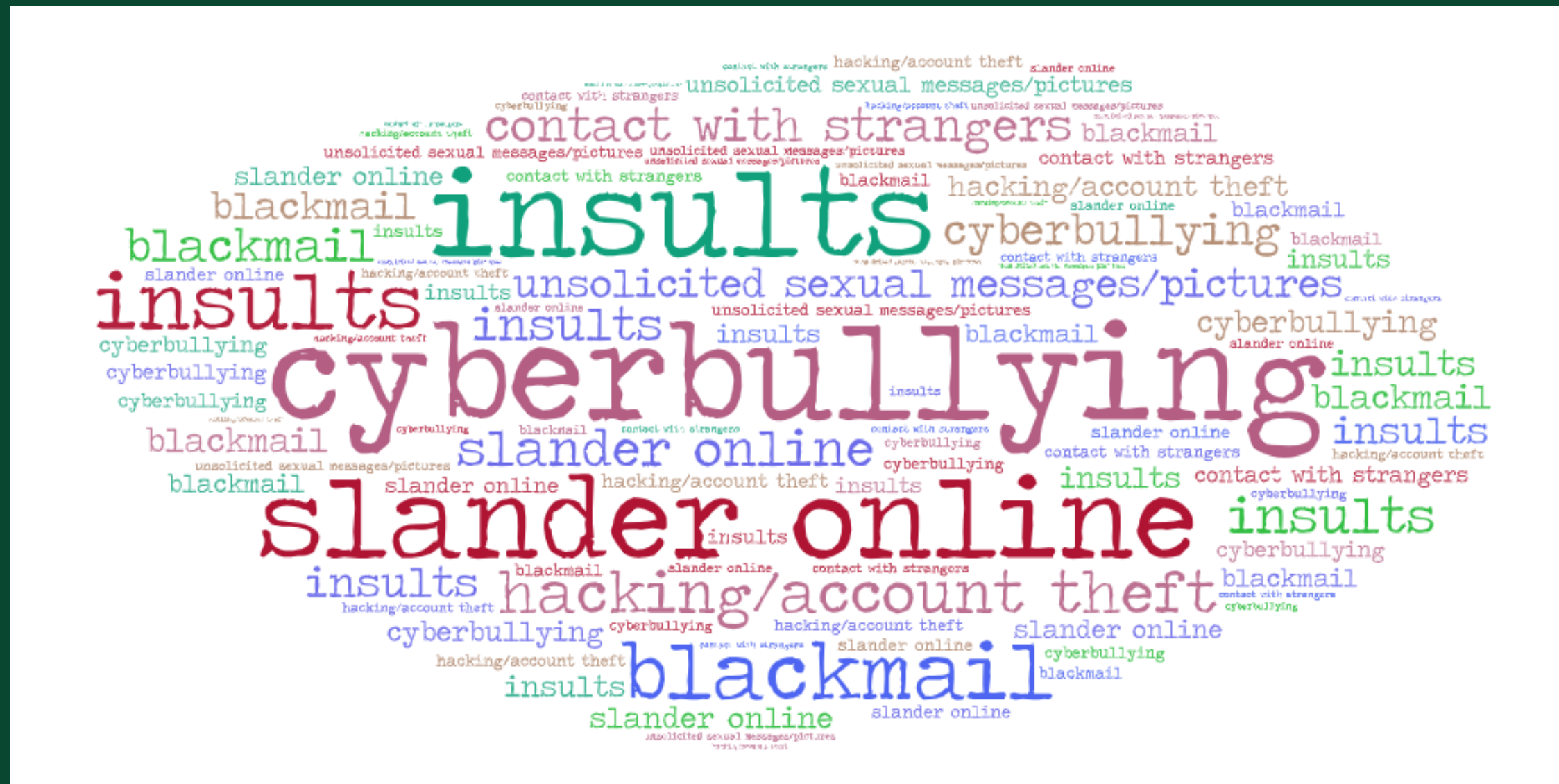
The most common activities in childhood: The most used platform among respondents is YouTube (79.16% of respondents)

- Communication: Messenger, social networks
  - Video content: YouTube predominates
  - Gaming: A significant part of respondents
  - Music: Listen to online music
- 



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# Types of risky behavior - most common problems



# KEY RECOMMENDATIONS



**STRENGTHEN TRUST IN SCHOOL  
COUNSELORS.**

**EDUCATING ABOUT WHAT IS AND  
ISN'T "NORMAL" ONLINE  
COMMUNICATION AND BEHAVIOR.**

**REDUCING THE STIGMA AROUND  
SEEKING HELP.**

**SUPPORTING PARENTS AS KEY  
PARTNERS.**

**PROMOTION OF THE SAFETY LINE  
AND PROFESSIONAL SERVICES.**

**WORK ON EARLY RECOGNITION OF  
RISKY BEHAVIOR.**



